

## PASTAS

### Whole Wheat Angel Hair

with Grilled Salmon, Capers, Kalamata Olives, Spinach, Tomatoes and Roasted Garlic Tossed with Pesto **12.95**

### Spicy Angel Hair with Blackened Shrimp in a Spicy Marinara Sauce **11.95**

### Fusilli Pasta with Shrimp

Spinach, Broccoli and Tomatoes tossed in a Light Lemon Cream Sauce **11.95**

### Pasta Primavera

with Grilled Chicken, Penne Pasta and Roasted Vegetables tossed in Extra Virgin Olive Oil **10.95**

### Fettuccine Alfredo **7.95**

with Grilled Chicken **9.95** Grilled Shrimp or Salmon **11.95**

### Southwest Pasta with Grilled Chicken, Fettuccine, Goat Cheese, Black Beans, Bacon and Spicy Salsa in a Cream Sauce **11.95**

## CHILDREN'S MENU **5.95**

For children age 12 and under.

All selections include a child's drink, choice of french fries or fresh fruit and a cookie.

### Robert's Rocking Burger

Angus Burger on Sourdough Bun. Cheese on Request.

### Peter's Poppin' Pizza Dippers

Mini Pizzas Baked with Mozzarella and Pepperoni. Marinara Dipping Sauce Served on the Side.

### Grace's Grand Grilled Cheese

Cheddar Cheese on Sourdough Bread. (vegetarian)

### Sean's Superb PB & J on Sourdough Bread. (vegetarian)

### Emily's Excellent Fettuccine with Creamy Alfredo Sauce (drink and cookie only, no side). Add Chicken **1.95**

### Dewey's Delicious Chicken Fingers

Crispy White Meat Chicken Tenders. Served with Ranch Dipping Sauce.

### Ruby's Totally Turkey Roll-Ups

Smoked Turkey and Cheddar Cheese Rolled Up in a Flour Tortilla. Served with Honey Mustard Dipping Sauce. Substitute Ham on Request.

## BEVERAGES

### Fresh Brewed Iced Tea **1.95**

### Fresh Fruit Iced Teas **2.95**

Fruit selection varies each day.

### Hand Squeezed Lemonade, Raspberry Lemonade and Arnold Palmers **2.95**

Fountain Drinks **\$1.95**: Coke • Diet Coke • Coke Zero • Sprite • Sprite Zero Dr. Pepper • Minute Maid Light Lemonade

### Bottled Drinks **\$2.25**: Orangina • Bottled Water • Perrier Sparkling Water

Loose Leaf Teas **\$3.50**: Select Chamomile • Green Tea • Jasmine • Peppermint Earl Gray • Bella Coola • Rooibos

### Coffees & Other Specialty Drinks: House Coffee **2.00** • Con Pana **2.25**

Espresso **2.25** (double shot add **.75**) • Café Americano **2.75** • Café au Lait **2.95** Caramel Macchiato **3.50** • Cappuccino **3.50** • Café Mocha **3.50** • Café Latte **3.50**

## FROM THE COOKIE JAR

### Scones **1.75**

### Jumbo Cookies **1.75 ea:**

Chocolate Chunk, White Chocolate Macadamia, Oatmeal Raisin, Peanut Butter(GF), Double Chocolate Chunk and Snowball. Check for Our Daily Cookie Special

### Reese's Peanut Butter Cup Cookies (GF) **2.25 ea**

### Chocolate Frosted Brownies **2.95**

## DESSERTS **5.95 ea**

White Chocolate Bread Pudding

Croissant Bread Pudding

Whole Wheat Bread Pudding

Carrot Cake

Tiramisu

Millionaire Pie

Tres Leches

Low Fat Tres Leches

Chocolate Tres Leches

Molten Chocolate Cake w/ Cherries

Chocolate Truffle Cake w/ Grand Marnier Mousse (GF)

Peanut Butter Crunch Mousse

Chocolate Mint Mousse Cake

Mocha Chocolate Cake

Domino Cake

Reese's Pie (egg free)

Chocolate Creme Brulee (GF)

Creme Brulee (GF)

Chocolate Creme Brulee Cheesecake

Cheesecake

Oreo Cheesecake

Sugar Free Mocha Cheesecake (GF)

Grandma's Yellow Cake

Apple Spice Cake

Key Lime Tart

Lemon Square

Red Velvet Cake

Coconut Cream Cake

Fresh Fruit Tart

German Chocolate Cake

Strawberry Bomb

Brownie a La Mode

Charlotte's Web

English Trifle

Fruit Cobbler

Sorbet and Berries

(GF) Gluten Free



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## HOURS

Sun-Thurs 10:30am-10pm • Fri-Sat 10:30am-11pm

## FRESH SALADS, SANDWICHES & WRAPS

## HEARTY SOUPS & PASTAS

## FLAME-GRILLED BURGERS

## AWARD-WINNING DESSERTS

Call for our Daily Specials Including:

THE RUGGLES SKINNY

OUR LOW CALORIE HEALTHY SPECIAL

### Special Order Cakes and Desserts:

Imagine serving one of our Award Winning Cakes or Desserts at your next event.

Most of our cakes and desserts are available in full sizes by request.

Custom Dessert Party trays are also available.

Most orders require 24-48 hours notice.

Our managers are happy to help you pick out the perfect cake for your next event.

VISIT US AT  
[WWW.RUGGLESCAFEBAKERY.COM](http://WWW.RUGGLESCAFEBAKERY.COM)

## SOUPS

Cup \$3.25 / Bowl \$4.95

**Black Bean** with Goat Cheese and Bacon

**Tomato Basil**

**Vegetarian Vegetable**

**Soup du Jour**

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## SALADS

*Add Grilled Chicken 3.95 Shrimp or Salmon 4.95*

**Side Salads Available in Ruggles Salad or Caesar Salad 3.95**

**Ruggles Salad**

Mixed Greens in a Honey Dijon Dressing **6.95**

**Grilled Chicken Salad** Apples, Walnuts and Roquefort in a Honey Dijon Dressing **10.95**

**Warm Baked Goat Cheese Salad**

Apples and Toasted Almonds in a Sundried Tomato Dressing **8.95**

**Spinach Cobb Salad**

Egg, Mushroom, Bacon, Tomato and Spicy Pecans in a Roasted Garlic Dressing **8.95**

**Grilled Beef Tenderloin Salad**

Skewers of Grilled Beef Tenderloin and Vegetables over Mixed Greens, Spinach, Avocado and Tomato in a Bleu Cheese Dressing **12.95**

**Caesar Salad**

Chopped Romaine with Croutons, Parmesan Cheese and Caesar Dressing **6.95**

**Grilled Chicken Mango Salad** Mixed Greens, Avocado and Pine Nuts in a Citrus Vinaigrette **10.95**

**Trio Salad-Select Three Scoops:**

White Meat Chicken Salad, Albacore Tuna Pecan, Dill Potato Salad (vegetarian), Edamame Salad (vegetarian), Pearl Couscous Salad (vegetarian) or Fresh Fruit Salad (vegetarian) with Poppyseed Dressing **8.95**

## Grilled Salmon Salad

Mixed Greens, Egg, Bacon, Tomato, Queso Fresco and Candied Walnuts in a Herb Dressing **12.95**

## Chicken Tostada Salad

Mixed Greens, Bacon, Avocado, Tomato, Queso Fresco, Pico de Gallo in a Creamy Cilantro Dressing **10.95**

## Grilled Shrimp Salad

Mixed Greens, Asparagus, Avocado, Artichoke Hearts and Toasted Pine Nuts in a Herb Dressing **12.95**

## Thai Chicken Peanut Salad

Thai Marinated Chicken, Sugar Snap Peas, Candied Ginger, Red Pepper, Carrots and Thai Peanut Noodles over Napa Cabbage with a Spicy Peanut Sesame Dressing **11.95**

### Dressings and Vinaigrettes:

Honey Dijon, Sundried Tomato, Roasted Garlic, Bleu Cheese, Caesar, Poppyseed, Herb, Ranch, Creamy Cilantro, Spicy Peanut Sesame Dressing and Citrus and Fat Free Raspberry Vinaigrette

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## BURGERS, SANDWICHES AND WRAPS

All Sandwiches, Wraps and Flame Grilled Burgers come with your choice of a side: House Potato Chips, French Fries, Sweet Potato Fries, Fresh Fruit with Poppyseed Dressing, Dill Potato Salad, and Steamed Veggies.

**Cafe Combo- Select two:** Cup of Soup, Small House or Caesar Salad or Half Sandwich. Choose From Chicken Salad Croissant, Tuna Pecan Salad Croissant, Three Cheese Panini, Ham & Cheese or Turkey & Cheese Panini. No Side. (No Substitutions Please) **7.95**

**Ruggles 8oz Prime Angus Burger 8.25**

**Ruggles 8oz Prime Angus Cheeseburger 8.75**

**Bleu Cheese Bacon Burger** 8oz. of Prime Angus Burger with Applewood Smoked Bacon and Bleu Cheese **9.25**

**Evan's Spicy Black Bean Burger (vegetarian)**

Avocado, Mozzarella, Lettuce, Tomato and Creamy Cilantro Sauce on a Jalapeño Cheese Bun **8.25**

**Buffalo Burger** 91% Lean 8oz Buffalo Burger with Mozzarella on a Whole Wheat Bun **9.75**

**The Griller (vegetarian)**

Vegetarian Burger with Provolone, Grilled Eggplant, and Pesto on a Whole Wheat Bun **8.95**

**Grilled Chicken Wrap** Fresh Mozzarella, Lettuce and Tomato in a Spinach Tortilla with Ranch Dressing and a Spicy Mango Chipotle Sauce. Served with a side of Chipotle Mustard **8.95**

## Grilled Vegetable Wrap (vegetarian)

Spinach, Red Onions, Zucchini, Yellow Squash, Mushroom, Eggplant, Lettuce and Tomato with Ginger Mango Salsa and Sour Cream **8.25**

## Tomato Caprese Panini (vegetarian)

Tomato, Fresh Mozzarella, Basil and Pesto on French Baguette **8.25**

## Three Cheese Panini (vegetarian)

Cheddar, Provolone, Herbed Goat Cheese and Roasted Red Pepper on Sourdough **8.25**

## Ham and Cheese Panini on Ciabatta 7.95

Substitute Smoked Turkey on Request

**Beer- Battered Fish Tacos** Avocado, Shredded Cabbage, Mozzarella, Pico de Gallo with a Zesty Herb Sauce on Corn Tortillas **9.95**

**Shrimp Tacos** Shredded Cabbage, Pico de Gallo, Sour Cream, Queso Fresco and Spicy Mango Chipotle Sauce on Corn Tortillas **9.95**

**Crispy Fish Sandwich** Tartar Sauce, Tomato and Lettuce on a Whole Wheat Bun **9.95**

**Roasted Pork Loin Sandwich** Caramelized Onions, Mozzarella and Mango Chipotle Mayonnaise on a Jalapeño Cheese Bun **8.95**

**Reuben** Corned Beef, Sauerkraut, Swiss Cheese and Thousand Island Dressing on Marble Rye Substitute Smoked Turkey on Request **8.95**

**Smoked Turkey and Swiss Cheese Sandwich** Cranberry Orange Aioli on Grilled Sourdough Bread **8.25**

**Grilled Ranch Chicken Sandwich** Mozzarella and Applewood Smoked Bacon on a Jalapeño Cheese Bun **8.95**

**Roasted Chicken Breast Sandwich** Provolone, Oven Dried Tomatoes, Lemon Basil Aioli on a Toasted Onion Roll **8.95**

**Barbecue Roast Beef Sandwich** Tri-Color Peppers, Caramelized Onions, Cheddar and Mozzarella Cheese on an Onion Roll **8.95**

**Albacore Tuna Pecan Salad on Croissant 8.25**

**White Meat Chicken Salad on Croissant 8.25**

TO ORDER CALL 713 520 6662